

Participation Forms

Hermon High School has gone to an online system (Rank One Sport) for the participation forms (athletic handbook, consent, emergency medical, concussion forms).

1. You will need to have your child's student ID number – the student ID is a five digit number listed next to the student name in Powerschool or under their name on their class schedule. If you are unable to locate the student ID please contact the Athletic Director Rick Sinclair at 848-4062 or email sinclairr@hermon.net.
2. Open the Hermon Athletic website (hermonhs.org under the tab Programs click Athletics)
3. Hover over the tab titled Forms
4. Click Rank One Sport – a new page will open for Rank One Sport
5. You can register as a new user if you like – this will be useful to help track paperwork and also to simplify submission process.
6. If you elect not to register – hover over the Electronic Participation Forms tab at the top of the page.
7. High School students will only need to complete the following forms:
 - a. Athletic Handbook
 - i. Select the athletic handbook
 - ii. Type in student's (first name, last name, ID, and select Middle School)
 - iii. Download the concussion forms
 - iv. Click that you have read the forms
 - v. Student will sign and click "I agree"
 - vi. Parent will type in their name, sign form, and click I agree
 - vii. Type e-mail for verification email
 - viii. Click submit
 - b. Concussion Form
 - i. Select the concussion form
 - ii. Type in student's (first name, last name, ID, and select Middle School)
 - iii. Download the concussion forms
 - iv. Click that you have read the forms
 - v. Student will sign and click "I agree"
 - vi. Parent will type in their name, sign form, and click I agree
 - vii. Type e-mail for verification email
 - viii. Click submit
 - c. Screen will open listing forms that are not completed (select Consent to Participate)
 - i. Click ALL sports student may want to participate in
 - ii. Complete the form with all required information and signatures
 - iii. Click Submit
 - d. Screen will open listing forms that are not completed (select Emergency Medical)
 - i. Complete the form with all required information and signatures
 - ii. Type verification email
 - iii. Click submit

PHYSICAL RELEASE FORMS: This form CANNOT be completed online . On the top of Rank One you will find the Download and Print – please print the Physical Release form to the physician's office to complete. This form needs to be submitted ONCE per academic year. If your student has submitted the form this year it will be on file.

Any questions / concerns regarding online system please contact Rick Sinclair at 848-4062 or email sinclairr@hermon.net.

